

10-Hour Construction Industry Required Course Topics

* OSHA subpart references are provided for informational purposes; training should emphasize hazard awareness	
Mandatory – 4 hours	Elective – 2 hours
<p>Two Hours - Introduction to OSHA, including:</p> <ul style="list-style-type: none"> • OSH Act, General Duty Clause, Employer and Employee Rights and Responsibilities, Whistleblower Rights, Recordkeeping basics • Inspections, Citations, and Penalties • General Safety and Health Provisions, Subpart C • Competent Person, Subpart C • Value of Safety and Health • OSHA Website and available resources • OSHA 800 number <p>Two Hours (minimum 15 minutes on each of four areas)</p> <p>OSHA Focus Four Harards</p> <ul style="list-style-type: none"> • Fall Protection, Subpart M • Electrical, Subpart K • Struck by (e.g., falling objects, trucks, cranes) • Caught in/between (e.g., trench hazards, equipment) 	<p>Choose at least two of the following elective topics:</p> <p>These topics must add up to at least two hours: - Minimum One-half hour each -</p> <p>Materials Handling, Storage, Use and Disposal, Subpart H</p> <p>Tools - Hand and Power, Subpart I</p> <p>Scaffolds, Subpart L</p> <p>Cranes, Derricks, Hoists, Elevators, & Conveyors, Subpart N</p> <p>Excavations, Subpart P</p> <p>Stairways and Ladders, Subpart X</p>
<p>30 Minutes</p> <p>Personal Protective and Lifesaving Equipment, Subpart E</p>	<p>Optional – 4 hours</p>
<p>30 Minutes</p> <p>Health Hazards in Construction (e.g., noise, hazard communication and crystalline silica)</p>	<p>For the remaining four class hours: Teach any other construction industry hazards or policies and/or expand on the mandatory or elective topics</p>